

## Life Enlightenment Charity Foundation Limited (Eng.)



### Our Logo

The two hands at the bottom of the emblem represent the mutual care and support of all human beings through our motto of **“Life Lights Up Life”**. The lamp of the lighting candle represents the enlightened human wisdom will be able to shine upon our human society and civilization, and thus will lead to a better and brighter future. On top of that, at the two sides, the two persons are united and are joining hands together for a higher elevation upward towards the sky. This symbolizes that the “quality of life and spirit” of the whole humankind would be further elevated so as to evolve our human civilization to higher levels of progression and elevation, towards a more universal “harmonious and accommodative” global community.

### Our Brief Introduction

The Life Enlightenment Charity Foundation Limited (abbreviated as “the Foundation”) is a charity organization registered in the Hong Kong Special Administrative Region of China. Its major objective is, through various cultural, educational and other activities and services, to promote, enrich and uplift the **social experiences and coping abilities** for modern people to deal with **brand new embodiments** in facing all sorts of problems and issues about human “life and death”. Irrespective of the different qualities of the “physiological, psychological (emotional), social and spiritual” dimensions, certain beliefs and standards, under the **basic principle of “helping others to help themselves”**, could be applied in order to re-structure and maintain the healthy conditions of modern people, and to achieve an integrated and holistic condition of both body and mind, as well as a **balanced “whole-person” development**. The motto of “the Foundation” is **“Life Lights Up Life”!**

### Our Vision

During the several thousand years of human history, it was only for the recent two to three centuries that advancement in scientific and technological developments has pushed forth our “materialistic culture” to a new height. Yet, the “spiritual civilization” of humankind is, at present, still in a stagnant situation, and may even show signs of retrogression. While modern people are stressing on the

improvements of the “quality of living” in modern society, have we ever considered our genuine “quality of life and well-being”? At the same time, do we pay the same kind of attention and importance to “human death” as to that of “human life”?

“Life and death” is a basic and fundamental issue that all human beings must have to face with. On the knowledge level, the domain of “life and death” has a wide spectrum of areas with multi-facets, and thus should not be confined in just one area of concern. This important human issue of “life and death” should be explored and investigated from an interdisciplinary approach composing of many different angles, analyses and methods of study in the various disciplines, such as: science and medicine, anthropology, sociology, psychology, literature, arts, philosophy, religion, and so on, such that the different areas covered could be widely-angled, and thoroughly investigated in a holistic manner.

In this regard, “the Foundation”, which endeavours for the elevation on the quality of human spiritual civilization, as well as for the further increase of awareness on “life and death” of human beings, sees to it that the various functions and activities involved should not be confined simply in the religious area of concern. It is our aim to explore and investigate into the core issue of human “life and death” in a multi-disciplinary approach, and thus should not be confined solely from the religious of view. As the ultimate goal of “the Foundation” is to enlighten and elevate on the “quality of life and spirit” of the whole humankind, this is exactly where we will put in and dedicate all of our efforts, with strong expectations that ultimately the life and civilization of the whole humankind will be uplifted, developed and evolved holistically in an integrated manner.

## **Our Mission**

Our mission is to establish an integrated and complete “holistic development”, and from person to the society to provide a “one-stop shop” and “integrated” service to the public. This systemic development is like a concept of the “Pyramid” where each layer will lead to a higher level of conceptual and developmental approach. Our Foundation will have all sorts of services that will be developed in a “holistic approach” in order to eventually help individuals to achieve the ultimate goal of life elevation and enlightenment. Some of our activities will involve the following:

1) From an individual perspective – to start off from a personal and micro point of view, and when this fits into the popular medical “holistic model” as a starting point, this will emphasize on each individual’s: “1) physical; 2) psychological/emotional; 3) social; and 4) mental/spiritual” levels, in order to develop one’s body and mind to have a balanced “whole-person development”. (Refer to [Diagram 1](#))

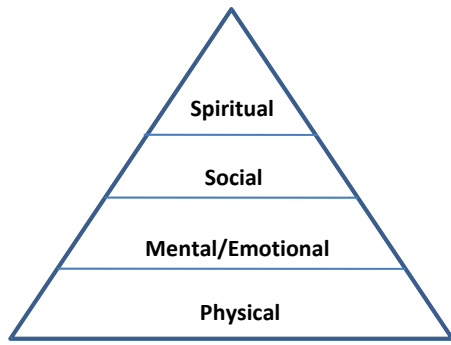
2) Improving one's quality of life while dispelling negative emotions – whereby our Foundation will introduce and hold various services and programs relating to the **complementarity of “body and mind”**, including different education programs, stress-release courses, workshops and so on.

3) Elevating the spiritual aspect – This is the goal and strength of our Foundation. Through different series of “life and death education” programs, workshops, courses, training camps, etc, it would gradually help individuals to develop correct views on human values and life perspectives, so as to learn the directions and ways for the elevation and enlightenment of human life.

4) View from the meso level – help to develop harmonious family relationships by focusing on the “intimate relationships between parents and children” within the family, so as to further extend to the “single-parent families”, and the disadvantaged groups. We will provide family education courses and training camps in order to develop harmonious social networks.

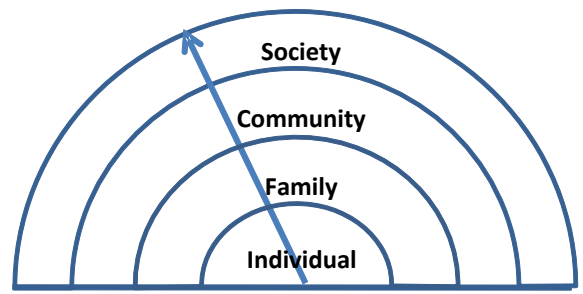
5) **“Life Lights Up Life”** – By implementing our Foundation's ideal and motto, we will recruit and train volunteers to form teams of volunteers gradually in serving the community. From an individual's perspective, this can help to increase one's satisfaction of achievements and leadership skills through building one's “self-image, self-confidence and ways in getting along well with others”. At the same time, by employing the concepts of “love and care” among persons, it can also help to slowly develop harmonious “familial, social relationships and networks, and ties with organizations”, such that the influence could be extended from the individuals, via the community, to the whole society (which is a macro perspective) in order to **build up a “harmonious society”**. (Refer to Diagram 2)

6) Forming teams of palliative volunteers – to recruit volunteers to participate in “life and death education” courses and training programs, so that people can come to understand the importance in mastering the opportunity that may exist at the moment of death, in order to **elevate the spiritual aspect of one's life**. Our Foundation's long-term goal is to “contribute to society and give love and care to our world”, so as to achieve the ultimate goal of **“uplifting the whole well-being of humankind”**.



**Balanced Development of Individual**

Diagram 1: Balanced Development of Individual



**Micro to Macro Development**

Diagram 2: Micro to Macro Development